

# LEDBURY'S GREAT BIG GREEN WEEK PROGRAMME



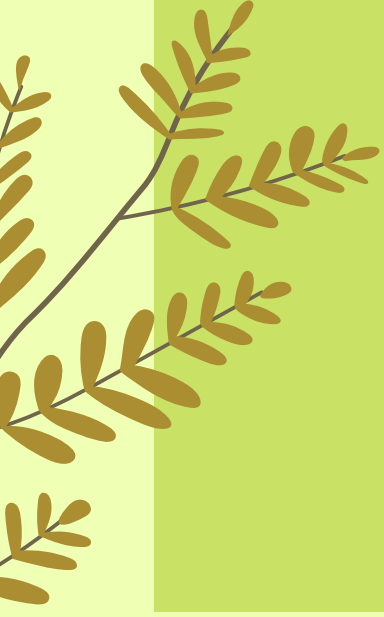
## LEDBURY COMMUNITY DAY

**Saturday, 10 June 10:00am - 2:00pm**

**In and around Ledbury - More information can be found on the website**

A fantastic opportunity for local groups to show what they do and encourage participation from residents and visitors – a celebration of Ledbury and District's excellence.

<https://www.ledburycommunityday.org.uk/>

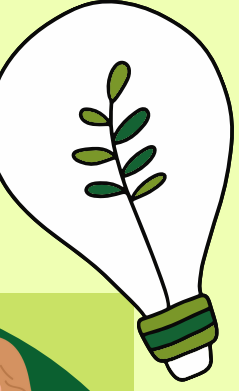


## WILD PLAY WORKSHOP

**Saturday, 10 June 10:30am - 12:30pm**

**Ledbury Library, Masters House**

Join the Wild Play Workshop for fun and crafts using nature's own materials! Lots of wonderful activities for all ages to enjoy. Don't forget to check out the display and information boards in the Masters House during the Great Big Green Week. **Free drop in session**



## LEDBURY'S COMMUNITY LITTERPICK

**Sunday, 11 June 12:00 onwards**

**In and around Ledbury (meet at Market House)**

Want to help keep Ledbury clean? Join us for a big tidy up of the Town and surrounding areas. Tea, coffee and cake will be available for all volunteers afterwards. Bags and litter picking equipment provided. Please contact [admin@ledburytowncouncil.gov.uk](mailto:admin@ledburytowncouncil.gov.uk) to register interest.



## COFFEE MORNING & SWAP SHOP

**Tuesday, 13 June 10:30 - 12:00pm**

**St Katherines Hall, Ledbury**

Fancy joining us for a Fairtrade drink and treat? We will also have a swap-shop where you can exchange your old clothes for new! School uniforms and children's coats will also be available.

**Free Entry** and a goody bag for the first 10 through the door!



## READY STEADY COOK!

**Saturday 17 10:30am-2:30pm**

**Ledbury Charter Market, High Street**

Join local chef Jake Bradshaw and Pot and Page for a tasty cooking demonstration under the Market House. Jake will be cooking plant-based treats to show you how easy it can be to make food swaps.





## MARKET THEATRE - LADS

Thursday, 15 - Saturday 17 7:30pm

Market Theatre, Market Street, Ledbury HR8 2AQ

LADS presents Humble Boy - An emotionally charged comedy that explores themes of family, friendship, love, loss, and even the behavior of bees - and the nature of flowers. It was originally performed at the National Theatre in 2001.

More information and tickets can be purchased off the website :

<https://themarkettheatre.com/>

## COUNTRY MARKET

Friday, 16 June 9:00am-12:30pm

Burgage Hall Courtyard, off Church Lane, Ledbury

Want to know more about where your food comes from? Ledbury Country Market is a true co-operative run by members and volunteers selling homemade, home grown and hand made local produce by local people for the local community. <http://www.ledburycountrymarket.co.uk>

Free Entry



## TABLE TOP GARDENING

Saturday, 17 June 8:00am onwards

Ledbury Charter Market, High Street,

Haygrove will be running a taster session for their Gardening Tabletop group under The Market House! These sessions are aimed at people with mental health needs, learning disabilities, physical disabilities, dementia and social isolation living in or around Ledbury.

Sessions also run on Thursdays, 10.30am-12noon The Nest, Hereford Road, Ledbury, HR8 2PZ For more information or to book a place, contact Tim Shelley Tel: 07972624378 Email: [tim.shelley@haygrove.co.uk](mailto:tim.shelley@haygrove.co.uk)

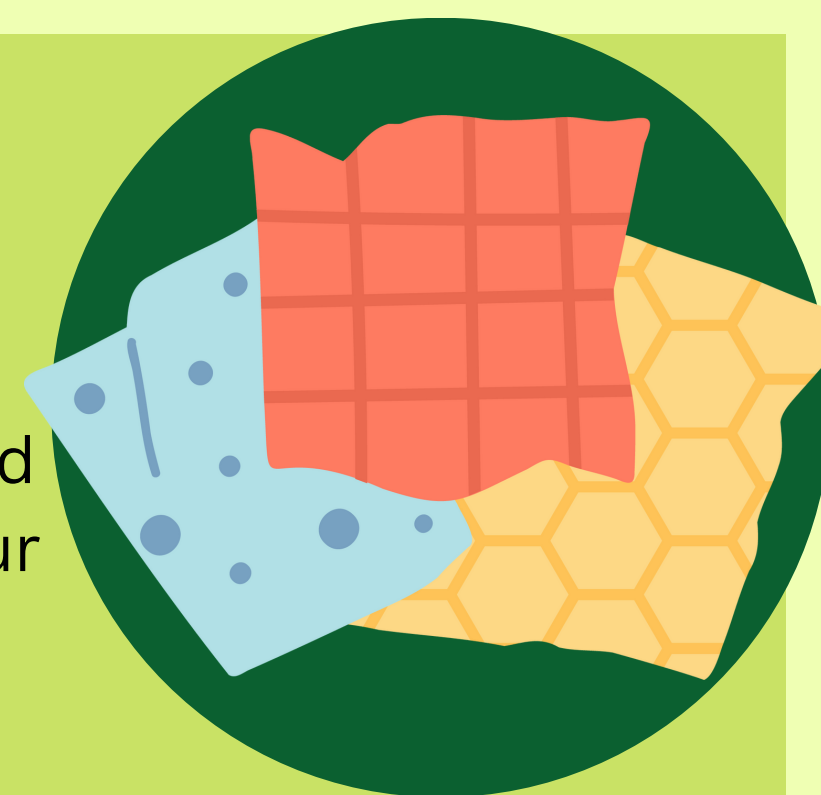
## DIY BEES WAX WRAPS

Saturday, 17 June 11:00am - 1:00pm

Poetry House, Barrett Browning institute, The Homend

Join Ledbury Town Council and Sustainable Ledbury on a journey of food waste and how making small changes can help save the planet. Bring your favourite cotton material and transform it into bees wraps to keep your food fresh! Limited material available on the day.

Free Entry



## YOGA IN THE WALLED GARDEN

Saturday, 17 June 2:30pm - 3:30pm

Walled Garden, Ledbury

Connect with nature in this outdoor yoga session with Wild Soul Yoga. Explore the depths and ancient wisdom of Yoga with intuitive movement and some slower more yin postures, finishing with Savasana.

Limited Yoga mats available

Free - Everyone welcome

